

“HIS AND HERS” COMMUNITY GROUP GUIDE

As a refresher read Genesis 2:18-25

God clearly reveals that men and women have been created equally in His image.

When have you witnessed men and women not being treated equally?

How does it make you feel to know that the Bible does not support any type of oppression towards women?

How do you think our culture would respond if they knew God's true design and intention for women?

Also re-read Ephesians 5:21-33.

Nate mentioned in the sermon that men and women in marriage are to complete each other in order to glorify God. But sometimes marriage turns into a competition as to who's in control. We are to complete, not compete.

Do you ever find yourself in competition with your husband or wife? In what way? Do you find this hurts your relationship? How so?

Nate also mentioned “The Crazy Cycle.”



If you're married, does “The Crazy Cycle” sound familiar? How could this problem be corrected?

In what ways can self-centeredness be the fundamental problem in any relationship, particularly a marriage?

How does each person in the marriage relationship play the Jesus role? How does this idea differ from our culture's idea of submission? Does it

change any pre-conceived notions you have about submission (Answer: Husband acts as the head just like Christ is the head of the church. Wife submits just like Jesus submits to the father. Marriage is meant to be a mini-picture of cosmic ideas—the relationship of Jesus and the church and the eternal relationship of the trinity.)

Genesis also mentions that women were created to be a helper for their husbands.

Read Psalm 33:20, Psalm 70:5, and Psalm 121:1-2. The word “help” in those verses is the same Hebrew word used to describe Eve in the creation account.

Do those verses change your perspective on the word “helper”? If so, how?

Wives, in what areas do you need to submit to your husband? Where can you better help him? (Perhaps this is only a rhetorical question, depending on your group. And guys, don't worry. Next week is your turn.)

Pray