

the table



Week 6 | The Table | March 27

Key Focus: We are free to play.

Opening Up:

- What do you enjoy more, dreaming or doing? What's hard about dreaming? What's hard about doing?
- What role did imagination and dreaming play in your childhood? What did it look like for you to engage in imaginative play (i.e. art, music, theater, drama, sports, hobbies, games, etc.)?
- Was there a time in your life where you saw a decline in dreaming or play?
- Does work, family, or parenting ever feel like play or does it always feel like work? Why, or why not?

Reference: Luke 24

Discuss:

1. In Luke 24:41 it says the disciples “disbelieved for joy.” It seems like they wanted to believe that the impossible was possible, but they were too mature for that. Can you relate to this feeling? What are the barriers to belief in something like the resurrection?
2. In verse 31 eyes were opened, in verse 32 hearts burned from within, and in verse 45 minds were opened. What causes our eyes to fixate on the problem and and closed to faith? What causes our hearts to grow cold to the promises of God? What causes our minds to be closed to the possibilities in faith?
3. Sometimes it seems like pain is all there is. How is it helpful to know that Jesus walked into pain? How does Christ's resurrection give you confidence that you will walk out of your pain?
4. Because the resurrection and the imparted Holy Spirit we have the power to play and believe again. What is something that you want to believe that God has a solution for, but you have a hard time believing? What makes this particular thing hard to believe in?
5. If you could pray for something big that would right a wrong or turn a pain into joy for someone or a group of people, what would you pray? Are you praying it? Why, or why not?
6. In verse 48 Jesus says that the disciples are witness to the resurrection. How have you witnessed the power of the resurrection in your life or the life someone you know?
7. If God were redeeming your childhood capacity to believe and to play again, what would He be working on your life right now? What in your life needs a childlike curiosity and playful spirit? Why don't you have it in this area in your life? How does the resurrection help you to address that area of your life?
8. Pray.