

Week 3 | #fightforit | April 17

Key Focus: #fightforit with humility **Opening Up:**

- What is your favorite sports movie? Why?
- Have you ever had an inspirational coach, teacher, or instructor?
- What makes for a great inspirational speech?
- Has an inspirational speech every made you better, work harder, or get results?

Reference: Philippians 1:27-2:5

Discuss:

- 1. Verse 27 says the way that we live our lives matters. Each individual life has a responsibility to the whole of society. What would life be like if no one ever lived out their civic responsibility?
- 2. Have you every had to stand up to a bully? Why is standing up for those who can not stand up for themselves a civic responsibility? How is this practice a demonstration of the gospel?
- 3. "Standing firm" is verse 27 is a military term and "striving" is a term that refers to athletics. Have you ever been on a team or in the military? How does being apart of a squad or a team effect your performance? How is the church like a team? What could churches learn from the team dynamics of the military or sports teams?
- 4. In verse 29 we see that it is a privilege to suffer for the cause of Christ. Many military men and women have served our country honorably and suffered for the cause of freedom. Do you know anyone who suffered for our freedoms? Do you know anyone who has suffered for the cause of Christ? Do you find their suffering noble? Why?
- 5. What would life be like if no-one ever suffered for the good of another person?
- 6. Look at verse 21. How have you experienced encouragement in Christ, comfort from love, participation in the Spirit, affection and sympathy (or mercy)? What difference has the gospel made in your life?
- 7. To live a life worthy we cannot possess selfish ambition, or conceit; we must be humble. How are you tempted to be selfish or conceited? Where do you see these qualities showing up in your life?
- 8. If humility is thinking about yourself less and thinking about others and God more, what is hard about that?
- 9. There are two practices that can help you obtain humility. One, is to practice being second. Another, is to practice considering the desires of others. (2:3-5) In what ways can you better consider the desires of others and practice being second? What difference would it make? How would the world be different if we all lived this way? How is living like this demonstrating how Jesus thinks and acts toward others (2:5)?
- 10. Pray.