



Week 2 | Song of Songs | October 9

Key Focus: “We all need affirmation.”

Opening Up:

- What is your love language? Explain.
 - Words of Affirmation
 - Receiving Gifts
 - Acts of Service
 - Quality Time
 - Physical Touch
- Which of the love languages is least important to you? Why?
- Who is really good at your love language? What makes them good at it?

Reference: Song of Solomon 1:8 - 2:7

Discuss:

1. Do you think the culture puts more emphasis on physical beauty than beauty of ones personality? Why or why not?
2. In Song of Songs 1:5 she express her insecurity about her body. In 1:8 He affirms her beauty and desires to spend time with her. It can be said, “you cannot discover a person’s beauty through gawking; you have to spend time with them.” Have you ever met person with a personality that was so repulsive that it changed how how you saw an otherwise beautiful looking person? Have you ever seen the inverse of that?
3. Even though we have been darkened by sin, God still makes us beautiful. (Rev. 21:2) How does knowing that God sees your beauty effect the way you live?
4. In Song of Songs 1:15-16 you see the couple affirming one another. Our words have an extraordinary power to wound or to heal, or even to kill and give life. (Proverbs 12:18; 18:21) How have words brought life and healing to you? What was said and by whom? How have words wounded you?
5. In Song of Songs 1:15 he admires her eyes. Why is face time important? How is talking face to face different than talking on the phone or talking while doing tasks?
6. In general men need to feel respected and honored and women need to feel loved and protected? How have you seen this to be true? Discuss.
7. In 2:7 she warns the daughters of Jerusalem to not awaken love before its time. Why is it important to not awaken loves desires out of context or before its time? Where is the wisdom in this? How can we apply it?
8. We can always seek refuge in the shade that God provides? (Psalm 91:1-2) In what ways do you need to seek the refuge of God as it applies to your relationships?
9. Pray.